### JUST.

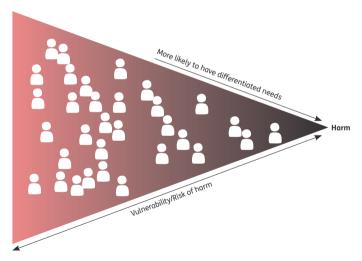
# VULNERABILITY MATTERS

Supporting wellbeing with useful tools and information to help clients in vulnerable circumstances.

### THE VULNERABILITY SPECTRUM

All of your clients are at risk of becoming vulnerable, whatever their age or financial status, but the risk is increased by having characteristics of vulnerability (see page 3).

The Financial Conduct Authority (FCA) have adopted the concept of a 'spectrum of vulnerability'. Your clients can move up and down this spectrum depending on their circumstances. Being vulnerable is not a fixed state, but instead transient.



Source: FCA Finalised guidance (FG21/1)

### VULNERABILITY DRIVERS AND CHARACTERISTICS

DRIVERS	CHARACTERISTICS
HEALTH	Examples include  Physical disability  Severe or long-term illness  Hearing or visual impairment  Mental health condition or disability  Addiction
LIFE EVENTS	Examples include  Retirement  Bereavement  Income shock  Relationship breakdown  Domestic abuse (including economic control)
RESILIENCE	Examples include  Insufficient or erratic income  Over-indebtedness  Low savings  Low emotional resilience
CAPABILITY	Examples include  Low knowledge or confidence in managing finances  Poor literacy or numeracy skills  Poor or non-existent digital skills  Learning difficulties  No or low access to help or support

### SPOTTING THE SIGNS

WHAT MIGHT I NOTICE?	HOW DO I SUPPORT MY CLIENT?
My client is struggling to see	<ul> <li>Larger font documents</li> <li>Braille</li> <li>Audio</li> <li>Explore using accessibility tools e.g. Screen readers and Recite Me</li> <li>Alexa and Google Assistant</li> </ul>
My client is struggling to hear	<ul> <li>Does the client have a hearing aid?</li> <li>Does it help to use a speaker phone?</li> <li>Could the client move somewhere quieter and be called back?</li> <li>Would the client prefer to communicate in writing?</li> <li>Offer a Text Talk facility</li> <li>Is there a Power of Attorney (POA) in place or would they like to nominate someone to talk on their behalf?</li> </ul>
My client has full hearing loss	<ul> <li>Is there a POA in place?</li> <li>Offer a Text Talk facility</li> <li>A video call with subtitles, along with making use of captions</li> </ul>
My client is unable to sign documents due to a physical disability	Are there any acceptable alternatives (eg stamp, digital signature etc)?

In the Finalised guidance, FG21/1, the FCA suggests that 'It could be helpful to have vulnerability champions with expertise in different types of vulnerability'.

# SPOTTING THE SIGNS (CONTINUED)

WHAT MIGHT I NOTICE?	HOW DO I SUPPORT MY CLIENT?
My client is struggling to understand and make decisions	<ul> <li>Use the BRUCE model (see page 8) to support the client</li> <li>Ask if a POA is in place</li> </ul>
My client seems low or is erratic	<ul> <li>Consider using IDEA (see page 6) to encourage the client to share information and how you might support them</li> </ul>
My client is sharing suicidal thoughts	<ul> <li>Use the BLAKE model (see page 9) to help you assess the level of immediate risk</li> <li>Speak to someone after the call for your own wellbeing</li> </ul>
My client is reducing their outgoings and struggling to pay bills	<ul> <li>Using IDEA will encourage your client to share information about their situation and how you might support them</li> <li>Signposting your client to an organisation who may be able to help them</li> </ul>
My client is struggling with the English language	<ul><li>Does your client have someone who can translate for them?</li><li>Is it easier to communicate in writing?</li></ul>

Models BRUCE, IDEA, BLAKE and TEXAS: Developed by Chris Fitch, Colin Trend, and the Money Advice Trust.

### IDEA

### WHEN TALKING TO A CLIENT ABOUT THEIR SITUATION OR HEALTH CONDITION

IMPACT	"What are you finding hard?" "What has been the impact on your day-to-day living?"
DURATION	"When did this first start to happen?" "How long have you been experiencing this?"
EXPERIENCE	"Is this happening often?" "Have you experienced this before?" "Could it happen again?"
ASSISTANCE	"Are you receiving any support / assistance / medication?"  "Have you asked about whether you're entitled to more support / assistance / benefits?"

### **TEXAS**

#### WHEN YOUR CLIENT SHARES SENSITIVE INFORMATION, GAIN EXPLICIT CONSENT TO RECORD IT

THANK THEM	"Thank you for sharing."  "I appreciate you telling me what's going on with you."  "I appreciate you sharing how you're feeling."
EXPLAIN HOW YOU'LL USE THIS INFO	"I can make a note on our records."  "This will mean you won't need to keep repeating yourself."  "It'll help us support you better."  "We can see what we can do to help."  "This information will only be shared within our organisation."
GAIN EXPLICIT CONSENT	"Are you happy for me to make a note of what you've shared today?"
ASK	"Is there anything you'd like us to do which will help?"  "Are you getting any help from anywhere – for example family?"  You can also use IDEA for additional help on asking questions.
SIGNPOST	"Some of our clients have found it helpful to speak to"  Does your organisation have a list of external experts you can signpost to?

# BRUCE IF YOUR CLIENT IS STRUGGLING TO MAKE DECISIONS

BEHAVIOURS	Consider the things a client says or does. These may be triggers that suggest they're struggling with decision making.
REMEMBERING	"Would it be helpful if I went over that again?" "Would it be helpful if I put that in writing?" "Is there someone that usually helps you with your finances?"
UNDERSTANDING	"Do you want to tell me what you've understood so far and I can fill in gaps." "Would it help if I explained that again?" "Is there someone that usually helps you with your finances?"
COMMUNICATING	"Is there another way you'd like us to communicate with you?" "Is there another time when it would be better to have this conversation?" "Take your time."
EVALUATE (OR WEIGH UP OPTIONS)	"Would it be helpful to go through each option again?" "Do you have someone you normally talk these things through with?"

### BLAKE IF YOUR CLIENT IS SHARING SUICIDAL

#### BREATHE-TO FOCUS

It can be hard to hear so take a moment and acknowledge the client "I'm so sorry to hear how vou're feeling. How can I help?"

#### LISTEN ACTIVELY -TO UNDERSTAND

Always treat what the client is saying seriously. Listen out for signs of imminent risk.

#### ASK -TO DISCOVER

"Where are you now?"

"Is there anyone you can call or speak to?"

"What's happened to lead you to how you're feelina?"

"Is there anything I can do which will help vou now?"

"Have you felt like this before?"

"What have you done before which helped you when you've had these feelings/thoughts?"

#### **KEEP** SAFE

"I'm worried about what you've told me, what can I do to keep you safe?"

"It may be helpful to speak to someone who may be able to provide the right emotional help you need. Have you thought of speaking to the Samaritans? Or maybe another listening organisation?"

"Would you like me to call you back at a later time and see if you're feeling any better?"

If you feel there is an immediate risk then keep the client on the phone and message your manager or a colleague asking them to contact the police.

#### **END WITH** SUMMARY

"Before we finish can I ask how are you feeling now?"

"What are you going to do after this call to help you feel better?"



#### FOR MORE INFORMATION

We help firms develop vulnerability policies that are bespoke, appropriate and effective.

Scan below or call our dedicated team to find out more:



T: 0345 302 2287

Calls may be monitored and recorded, and call charges may apply.

W: justadviser.com

E: support@wearejust.co.uk

Alternatively, go to justadviser.com for more information and online support.





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